## HOME CARE GUIDE

### HAIR CARE

Always use professional products including sulfate/paraben-free shampoo and conditioner. Use leave in conditioner and treat with a deep conditioning mask once a week. Use an oil/serum twice per day on DRY hair. Avoid products for 'damage repair' or bonding products such as Olaplex, as these can dry out the extensions.



#### Brushing

Always be sure to brush your hair 2x a day. Hold the base of your row while gently detangling your ends going from the bottom to the top to avoid tension. Never use any brush other than a boar bristle/ nylon bristle brush at base of your row.

# INVISIBLE BEAD EXTENSIONS





TIFFANY HAIR&CO. 24880 S Tamiami Trail, Bonita Springs FL, 34134

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### Swimming/Wet Hair

Avoid swimming in chlorinated pools, salt water should be avoided if possible. However, since we do live in FL where swimming may be a must, first: rinse your hair with tap water and then apply a leave in conditioner. Braid hair tightly before swimming and wash your hair immediately after.

When activities take place in damp/humid conditions such as workouts/steam room, make sure to dry the extensions after, focusing on the top of the weft.

### **BEFORE BED**

NEVER sleep with wet hair. Always be sure to tie the hair up in 2 braids or 2 loose ponytails to avoid matting. For ultimate investment protection, use a silk pillowcase + silk sleep cap to further protect hair from friction damage.